

Title : Lecturer – Fitness Instruction & Industry Practice

Department : Sport, Leisure & Childhood Studies (SLCS)

Contract Type : Permanent Whole-Time

Location : Bishopstown Campus, Cork

Reporting to : Head of Department of Sport, Leisure & Childhood Studies

Overview of the Department of Sports, Leisure & Childhood Studies:

The Sport, Leisure & Childhood Studies (SLCS) Department was established in 2013 to meet the demands of the rapidly developing sectors of ‘Health, Exercise, & Sport Science’ (HEX-SPO) and ‘Early Childhood Education & Care/Montessori Education’ in a more streamlined and progressive manner. With specific regard to the HEX-SPO Domain, core department activities have focused on the strategic development and enhancement of existing (i) undergraduate (i.e., BSc. (Hons) in Coaching Science & Sports Pedagogy, BBus (Hons) in Sport & Exercise Management, BBus in Recreation & Leisure Management), and (ii) taught postgraduate (i.e., MSc in Skill Acquisition for Sport, MSc in Health & Wellbeing) programmes.

In addition, an ongoing objective of the SLCS Department has been to embed an inherent research culture within all academic activities, from undergraduate level through to postgraduate study options at both Level 9 and 10 via the HEX-SPO Research Group, which currently supports 26 registered MSc and PhD students, 1 Post Doc, and 1 Senior Researcher, focusing on areas such as ‘Coaching Science’, ‘Skill Acquisition’, ‘Physical Education & Sport Pedagogy’, ‘Physical Activity & Nutrition’, and ‘Health Promotion’.

A consistent focus has also been placed on the development of knowledge, infrastructure, and strategic partnerships to enhance relationships with industry stakeholders and international partners with respect to student recruitment, research, innovation and process development. Further, these enhanced relationships serve to provide greater opportunities within the student placement element of all department academic programmes.

With the increasing growth, development, and expansion of both undergraduate and postgraduate programme offerings, in addition to the exponential growth of postgraduate and externally funded projects, the SLCS Dept. are seeking a suitably qualified, highly experienced, and ambitious candidate to lead the Fitness Instruction & Industry Practice components of all programmes, in addition to the fundamental teaching and research supervision responsibilities required at both undergraduates and postgraduate levels.

Duties of the Post:

The Lecturer Career Grade will play an active role in the academic direction of courses including teaching, research, academic assessment and academic administration. The appointee should carry out such duties as are assigned by management including but not limited to:

- (a) Teaching such assigned classes as deemed appropriate by management of the Munster Technological University (herein after, “the University”), day or evening, up to 560 hours per annum including supervision of post-graduate students.
- (b) Carrying out assessment, monitoring and evaluation of examinations work, and providing an academic and consultative support to students in their learning activities.
- (c) Providing academic input on existing and new courses and course development and course co-ordination.
- (d) Engaging in research, consultancy and development work as appropriate.
- (e) Participating in committees appropriate to courses and meetings convened by management.
- (f) Maintaining appropriate records and making available information as required by management.
- (g) Engaging in promotion including student recruitment.
- (h) Promoting scholarship.
- (i) Participating in the development, implementation and maintenance of academic quality assurance arrangements.
- (j) Participating in appropriate activities necessary to the development of their department/school and of the University.
- (k) Directing and supervising the work of Tutor/Demonstrator and taking academic responsibility for the academic standards of this work.

The performance of these duties will require attendance in addition to class contact hours during the normal working week.

Teaching Hours:

For the Lecturer level, the post is full-time requiring a maximum of 560 class contact hours per annum, with a norm of 16 class contact hours per week, which may be varied from 14 to 18 in consultation with the Lecturer. A weighting of hours to apply to hours worked after 6.00 p.m. The weighting to be 1.25.

When a Lecturer is supervising a Tutor/Demonstrator, a reduction in teaching hours will be applied on the basis of one-hour reduction per three hours demonstrator/tutorials supervised.

The appointee shall carry out the lawful instructions of the President (or authorised Officer) and comply with the requirements and regulations of the Minister for Further and Higher Education, Research, Innovation and Science.

Qualification Requirements and Selection Criteria for role:

Essential:

A Level 8 Honours Primary Degree (second class or higher) from a recognised degree awarding authority, majoring in degree level studies in Fitness Instruction & Personal Training, Exercise & Fitness Management, or a cognate discipline AND a Level 9 Master's degree from a recognised degree awarding authority in Sport & Exercise Science, Sports Management, or a relevant discipline

OR

A Level 8 Honours Primary Degree (second class or higher) from a recognised degree awarding authority, majoring in degree level studies in Sport Science, Sport Management, Physical Education, or a cognate discipline AND a Level 9 Master's degree from a recognised degree awarding authority in a relevant discipline AND a relevant professional qualification in the Fitness Instruction & Industry Practice domain, obtained through examination

AND

Not less than three years of relevant experience subsequent to obtaining the above qualification.

This may include but is not limited to:

- Third-level lecturing experience (e.g., evidence of effective teaching in higher education across lecture/practical/tutorial environments, commitment to inclusive and student-centred teaching practices).
- Relevant industry experience (e.g., experience working with both healthy and clinical populations, links with sport and fitness organisations and governing bodies, knowledge transfer or impact beyond academia, ability to work collaboratively within a multidisciplinary team, organisational skills, ability to manage workload).
- Supervision of undergraduate and/or postgraduate research projects supported by a depth of knowledge and experience in research design, data analysis and statistics.

Desirable:

- A doctoral degree (Level 10 NFQ) in the broad Fitness Instruction & Industry Practice domain.
- Evidenced specialism in the theory and application of Fitness Instruction & Industry Practice, and delivery of same, in third level education settings.
- Track record as an independent and team researcher in the field of Exercise & Health Fitness, with evidence of success in securing external research funding.
- Experience of working in applied Fitness Industry settings, specialising in Fitness Instruction & Industry Practice, supported by an ability to nurture communities of practice and sustainable university-sports organisation partnerships.

NOTE: In addition to the minimum qualifications, it may be necessary to introduce further shortlisting criteria. Therefore, candidates may be shortlisted on the basis of qualifications and suitable experience based on details given in the application. Candidates should note that they may be called for more than one interview.

Other attributes:

- Excellent communication and interpersonal skills
- Evidence of ability to work on own initiative as well as part of a team
- Ability and willingness to work in a collaborative environment
- An understanding of, and empathy with, the concerns of students

Remuneration, Benefits and Facilities:

Salary scale effective 1 February 2026:

Lecturer Career Grade: €68,936.00 pa to €106,661.00 per annum

The rate of remuneration for all appointments may be adjusted from time to time with government policy.

Additional Benefits:

- Comprehensive Sick Leave Policy
- Paid maternity leave
- Job Share (only following successful completion of probation)
- Employment Assistance Programme
- Staff Discount Scheme
- Gym Access (reduced membership cost)

On site Facilities:

- On site dining facilities
- On site TFI Bike Sharing Station

Interview & Additional Information:

Interview Process:

If invited to interview, candidates are likely to be assessed at the interview under the following criteria. Additional criteria may be added for the interview as the need arises.

- Qualifications (Academic & Professional)
- Relevant Industry/Professional Experience
- Teaching & Learning Experience
- Communications & Interpersonal Skills
- Research Knowledge and Experience
- Team Working and Organisational Skills

Shortlisted candidates will be invited to attend for interview. A short presentation will be required evidencing the candidate's appropriateness for the role.

Additional Information:

A successful candidate will be required to submit a passport, documentary evidence confirming academic qualifications, and to undergo a medical examination. Garda vetting and/or an international police clearance may also be required. References will be sought in relation to successful candidate.

MTU welcomes applications from non-EEA citizens. However, employee permit regulations set by the Department of Enterprise, Trade & Employment must be strictly adhered to. Any appointment offers to Non-EEA candidates is subject to the granting of a work permit by the Department of Enterprise Trade & Employment or relevant Immigration permissions/stamp.

Candidates may be required to produce documentary evidence to support any statements made by them on their application form or any supporting documentation.

Candidates should note that any inaccurate information will invalidate their application.

Application Process:

Applications by MTU eRecruitment system only. Applications will not be accepted in any other format or through any other channel of communication. Please log on to www.mtu.ie/vacancies to apply for this position.

The information given in this document is of a general information nature only and should not be taken as contractual.

Closing date for receipt of completed applications is

1.00 pm on Tuesday, 5 May 2026.

MTU is an equal opportunities employer.