



## **MEMORANDUM OF UNDERSTANDING**

A partnership between

The Chartered Association of Sport and Exercise  
Sciences

and

The Irish Sport and Exercise Sciences Association



## 1. Objective

- 1.1 This Memorandum of Understanding (MoU) outlines the agreed collaborative relationship between the Chartered Association of Sport and Exercise Sciences (CASES) and the Irish Sport and Exercise Sciences Association (ISESA) and for the purposes of enhancing the activities of each organisation and fostering co-operation in international context for the benefit of all professionals involved within the respective organisations.
- 1.2 Relationship: CASES and ISESA wish to develop a mutually respectful and collaborative relationship.

## 2. Background

Chartered Association of Sport and Exercise Sciences (CASES):

- 2.1 CASES (formerly BASES; formerly BASS) was founded in 1984. In May 2024, BASES was granted the Charter of Incorporation by His Majesty King Charles III. On 1 April 2025, BASES was incorporated as The Chartered Association of Sport and Exercise Sciences (CASES). CASES is the professional body and membership association for sport and exercise sciences in the UK. CASES' mission is to innovate, advance knowledge, promote best practice and advocate the profession by building a collaborative and inclusive sport and exercise science community. CASES has a range of accreditations and endorsements that maintain high standards in sport and exercise science, providing a quality assurance framework for practitioners and laboratories.
- 2.2 Per our Royal Charter, CASES' objects are:
  - i) the promotion of research in sport and exercise sciences.
  - ii) the encouragement of evidence-based practice in sport and exercise sciences.
  - iii) the distribution of knowledge in sport and exercise sciences.
  - iv) the development and maintenance of high professional standards for those involved in sport and exercise sciences, and
  - v) the representation of the interests of sport and exercise sciences nationally and internationally.

Irish Sport and Exercise Sciences Association (ISESA):

- 2.3 ISESA is an all-island non-profit organisation and the representative body for the Sport and Exercise Sciences community in Ireland. The ISESA was launched in November 2023. It is an associate member of the International Confederation of Sport and Exercise Sciences Practice (ICSESP). Its vision is to enhance the health, well-being and performance of individuals through sport and exercise sciences. Its mission is to lead, represent, and advance the sport and exercise sciences community through advocacy, knowledge exchange, collaboration, and accreditation. The core values of the ISESA are collaboration, inclusion and excellence.
- 2.4 The objectives of the ISESA are as follows:
  - i) Establish ISESA as the representative body of members of the sport and exercise sciences community in Ireland.
  - ii) Promote-evidence-informed practice within the sport and exercise sciences community.



- iii) Facilitate all-island collaborative impact through integrated learning, networking and research initiatives.
- and
- iv) Develop accreditation pathways for members.

### 3. Collaboration

#### 3.1 Professional Development:

- 3.1.1 **Live webinars and workshops:** CASES and ISESa members to access at reciprocal member costs.
- 3.1.2 **CPD credits/points:** CASES and ISESa to recognise CPD equivalent points for each other's CPD events.
- 3.1.3 **Collaborative CPD:** CASES and ISESa to explore opportunities to collaborate on webinars, short courses, workshops and other resources, including the development of a shared online event between CASES and ISESa.
- 3.1.4 **Blogs, webinars and other CPD:** Allow the opportunity for CASES members to submit blogs to ISESa, present webinars and/or partake in ISESa podcasts and vice versa, where appropriate.
- 3.1.5 **Conferences**
  - 3.1.5.1 **Promotion of annual conferences:** CASES and the ISESa to reciprocally promote each other's annual conferences to their members.
  - 3.1.5.2 **Reciprocal member pricing:** For conferences run by both associations, CASES members to access ISESa member prices and vice versa.

#### 3.2 Sharing of expertise

- 3.2.1 This MoU encourages expertise sharing and collaborative working between CASES and ISESa.

#### 3.3 Accreditation

- 3.3.1 CASES and ISESa to explore similarities and differences in their respective accreditations with a view to creating reciprocal accreditation recognition, if possible.

#### 3.4 Membership of both Associations

- 3.4.1 CASES and ISESa to explore the possibility of offering a reduced membership fee for those members who wish to join both Associations.

### 4. Review

- 4.1 Both parties commit to at least one partnership review meeting per year. Within these meetings, the review of existing partnership arrangements will take place, as well as examining scope for further expansion of the partnership.
- 4.2 The MoU can be amended at any point by unanimous agreement.



## 5. Confidentiality

- 5.1 Both parties commit to complying with any applicable privacy legislation in their jurisdiction regarding any personal information they receive about the members of the partner organisation. This provision will survive termination of this MoU.
- 5.2 Both parties agree not to disclose any information or documents which comes to its knowledge or into its possession by reason of this MoU which the other partner organisation has explicitly or implicitly indicated as confidential unless otherwise pursuant to judicial or legislative authority in the respective jurisdiction. This provision will survive termination of this MoU.

## 6. Term

- 6.1 This MoU will last until July 2028. CASES and ISESA will evaluate this agreement mid-term and determine whether to extend the term for another period.

### For ISESA

A handwritten signature in black ink that reads "Tom Comyns".

Name: Prof Tom Comyns

Post: Chair

Date: 16/10/25

### For CASES

A handwritten signature in black ink that reads "Z Knowles".

Name: Prof Zoe Knowles FCASES

Post: Chair

Date: 16 October 2025